

**NIRMALAGIRI COLLEGE,  
KUTHUPARAMBA, KANNUR**



**WALK WITH A SCHOLAR  
PROGRAMME 2019-'20**

**REPORT**

The Walk With A Scholar Programme was implemented in its letter and spirit at Nirmalagiri College during the academic year with several activities. Following the instruction received from the state coordinator, a College level Monitoring Committee was constituted for the effective functioning of the programme. Five departments namely Mathematics, History, Economics, Commerce and English were chosen for the implementation of the programme in first year. Five internal mentors were selected from the teaching staff who were ready to volunteer their service in addition to the existing ten mentors. The programme was detailed to the new internal mentors and suggestions were sought for the effective implementation.

### **Enrolment:**

Students were informed about the programme through meetings, announcements, class tutors and notice boards and applications in the prescribed form were collected from interested students. A total of 45 applications were received from first year students. The Main list of 30 scholars from each year was selected by a committee giving due weightage to their academic performance and ensuring the inclusion of students from all streams. Rest of the students was included in the Supplementary list.

The WWS activities for the academic year 2019-'20 at Nirmalagiri College, Kuthuparamba was officially inaugurated by Dr. K V Ousephachan , Principal on 23<sup>rd</sup> November, 2019. Dr. Sabu Sebastian, the IQAC Coordinator, Internal mentors and the scholars from first year degree classes were present at the function. Principal and other dignitaries emphasized the importance of the programme and urged the students to make use of the opportunity in its real spirit. Deepu Joseph, College level Coordinator of the Programme explained the concept of WWS to the students.



*Inaugural Session...*



*Goal Setting & SWOT Analysis-Rernjith Keshav*

### **Orientation Programme for Scholars:**

An orientation programme was conducted for the scholars to explain the mode of implementation of the programme. Dr. Nygil Thomas, Former College level coordinator and internal mentor motivated the scholars giving success stories of former WWS scholars.



*Dr. Nygil Thomas, Former Coordinator, WWS*



*Alex Mathew on Soft Skills*

### **External Mentoring Sessions:**

External mentoring sessions were conducted for the benefit of the scholars with experts from various fields such as Goal setting & Motivation, Research as Career, How to Prepare for Civil Services, Communication Skills, Art & Self Development etc. The details of the sessions are given below.

Sl. No.	Date & Session	Name of the External Mentor	Topic	No. of Sessions	Attended by
1	23-11-2019	Renjith Keshav	Goal Setting & Motivation	5	First Year
2	18-01-2020, FN	Alex Mathew	Soft Skills	3	First Year
3	18-01-2020, AN	Nithin Nangoth	Art & Communication	2	First Year
4	18-01-2020, AN	Alex Mathew	Soft Skills	2	Second Year
5	18-01-2020, FN	Nithin Nangoth	Art & Communication	3	Second Year
6	05-02-2020 AN	Dr. Baby Joseph	Towards Excellence - A road map	2	Second Year
7	30-01-2020	Dr. Shyjumon M M	Research as a Career	1	First Year
8	03-02-2020	Sheethal Shyam	Gender Equality	1	First & Second Year



*Session by Sri. Nithin Nangoth on Art & Communication...*





*Group Dynamics in progress....*



*Session by Alex Mathew....*



*Session by Dr. Baby Joseph....*





*Sessions by Sheethal Shyam on Gender Equality...*

### **Internal Mentoring:**

The role played by internal mentors was very crucial in the successful implementation of the programme. Amidst all busy schedules, they devoted time to interact with the mentees allotted under their care either in groups or individually. A number of tasks were given to the mentees such as preparing their bio data, identifying and collecting information on Top ten Higher educational institutions in their own subjects, Visiting library regularly and reading periodicals and news papers, Down loading and discussing at least one research paper, preparing and presenting a one minute self introduction in English etc. Mentees were encouraged to meet their mentors regularly and discuss with them anything that they bother about in life.

### **Motivation Visit:**

Motivation Visit to National Level Higher Educational Institutions is regarded as the most exciting and attractive activity under the Walk With A Scholar Programme initiated by the Department of Higher Education, Govt. of Kerala. Under this scheme, a team of 30 scholars of Second year Degree along with three internal mentors and the Coordinator from Nirmalagiri College, Kuthuparamba visited reputed institutions at Bangalore from 31<sup>st</sup> January to 2<sup>nd</sup> February, 2020. The visit was truly motivational, provided exposure to the exciting world of higher educational and career opportunities awaiting graduates and helped in setting realistic goals-high and colourful.



*Scholars at IIM, Bangalore*



*IISc, Bangalore*



*At CENSE, Bangalore*



*Interaction with Experts*





At Christ University.....



At Visweswarayya Industrial & Technological Museum.....

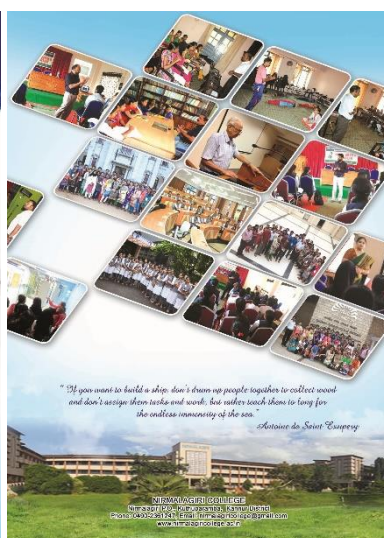
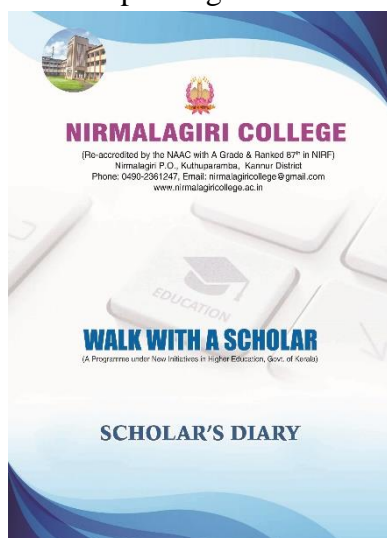


Refreshment Time....



## Innovations:

1. **Scholar's Diary:** For the improving the effectiveness of the programme, a Scholar's diary was designed, printed and distributed to the scholars so that they can keep record of the various activities they are a part of, their academic progress etc. I hereby acknowledge the support from the internal mentors and the College level Monitoring committee in designing the contents of the diary and for the Career Guidance & Placement Cell of the College for the financial assistance towards the cost of printing.



2. **Extended Mentors:** Former WWS Scholars in reputed institution were invited to be the extended mentors for our scholars. They are also a member in the Whatsapp group created for the programme, giving suggestions and guidance for the mentees from time to time. We have been arranging interactive sessions with them depending on their availability. Two of them-Sangeetha U K and Indukala K had a face to face interaction with our scholars this academic year. These sessions were highly appreciated by our scholars.

**Conclusion:**

We believe that the Programme could be implemented in the best possible way within the time constraints and other technical problems related to the availability of funds. A number of students have benefitted out of the programme. It would be appreciated if the programme begins at the commencement of the academic year itself, so that the mentees as well as the mentors get enough time to interact and make the purpose of the programme a reality. I acknowledge the cooperation and guidance received from the State Level Implementing authority, College level Monitoring committee, Internal mentors and other faculty members for the successful implementation of the programme.

Nirmalagiri  
25-02-2020

Deepu Joseph  
Coordinator